



Diploma in Mountain Medicine – Nepal, 2019 Application Form

Personal details	
Full Name	
Date of birth	
Sex	
Complete mailing address	
Phone (with area code)	
Email	
Nationality	
Passport number (optional for Nepali applicants)	

Emergency details	
Past medical history (altitude illnesses, HAPE, HACE etc)	
Known allergies	
Dietary requirements/intolerances	
Emergency contact ONE	Name: Relationship: Phone number with code: Email ID: Complete mailing address(include country):
Emergency contact TWO	Name: Relationship: Phone number with code: Email ID: Complete mailing address(include country):

Professional details	
Degrees and qualifications (chronological order, with year)	
BLS qualified? (must be <5yrs)	
Registration # (NMC, GMC, AMC, etc.)	
Current position	
Previous positions	

Wilderness medicine experiences	
Courses and qualifications	
Experience (pre-hospital, expedition medicine, search & rescue, etc.)	

Outdoor experiences	
Rock climbing (grades, top rope, lead, trad, etc.)	
Mountaineering (grades, routes, conditions, guided, etc.)	
Highest altitude/location reached	
Backcountry hiking, skiing, camping	
Knots and ropes experience	
Current fitness regime	

Climbing skills				
A. Are you able to perform the following skills? Please choose 'Independently (I), under guidance (UG) or never (N)?				
Specified Skills		I	UG	N
Knots	Fisherman's, figure of 8, prusik, clove hitch, munter hitch, tying into a harness			
Belaying	Top rope and lead using a device such as ATC, figure 8, grigri, etc			
Abseiling	With descender or belay device and back up prusik			
Ascending	Walk on moderate terrain via a fixed rope with ascender/jumar or prusiks			
Climbing	Ability to follow or top-rope on a UIAA grade 3			
B. Are you familiar with the basic principles of the following skills? [Yes/No]				
Specified Skills			Y	N
Creating an anchor system for belaying on rock and ice				
Glacier travel and basic use of crampons				
Belaying by using a variety of techniques suited to snow and ice				
Climbing ice to grade WI (Winter Ice) 2				
Improvised crevasse rescue including simple pulley systems				
Locating and extracting a buried avalanche victim using a transceiver, probe & shovel				

The above provides a rough expectation for climbing competency on arrival for the course. There will be a wide range of climbing abilities among the cohort – some will be seasoned veterans, others may have tied into a harness only a few

times. The aim is for everyone to arrive with at least some foundation, to maximize the development of the group’s skills in the time available. Guidance and assistance in building this skill base prior to the course may be available from faculty (and probably the cohort!) on an individual basis.

If accepted into the course, we expect you to arrive with the ability to perform the skills listed in set A under guidance the skills and have a basic understanding of the skills listed under set B.

Writing skills	Y	N
Can you write long essays or scientific articles?		
Can you cite references using any standard styles?		

Disclaimer

By signing this form I understand the physical and psychological nature of the course I am going to undertake and declare that I am fit to take part in the program. I understand there are risks and hazards involved in climbing, and that participation in the program will involve acceptance and management of these.

I agree to obtain personal medical and accident insurance including the evacuation coverage on my own for the duration to be spent in Nepal for the course and get relevant immunizations recommended for travel to Nepal. In the event of emergency, accident or illness requiring hospitalization or repatriation, I give permission for the trip doctor/leader/in-charge or the course organizers to inform my next of kin as listed above.

Signature:

Date:

Checklist

Please email the following to application.nepdim@gmail.com and mmsndiploma@gmail.com.

- Completed application form
- Short bio (100 words maximum) for distribution among course participants
- Motivation letter on why you want to do the DiMM (max one page, size 12 font, 1.5 spaced)
- Copy of your medical school diploma OR a copy of your licensure certificate OR as appropriate
- Digital passport style photo, either 2 inches by 2 inches, or 45mm x 35mm are acceptable